

**Alabama Orthopaedic Clinic, PC**  
**SPINE FORM**

Date: \_\_\_\_\_

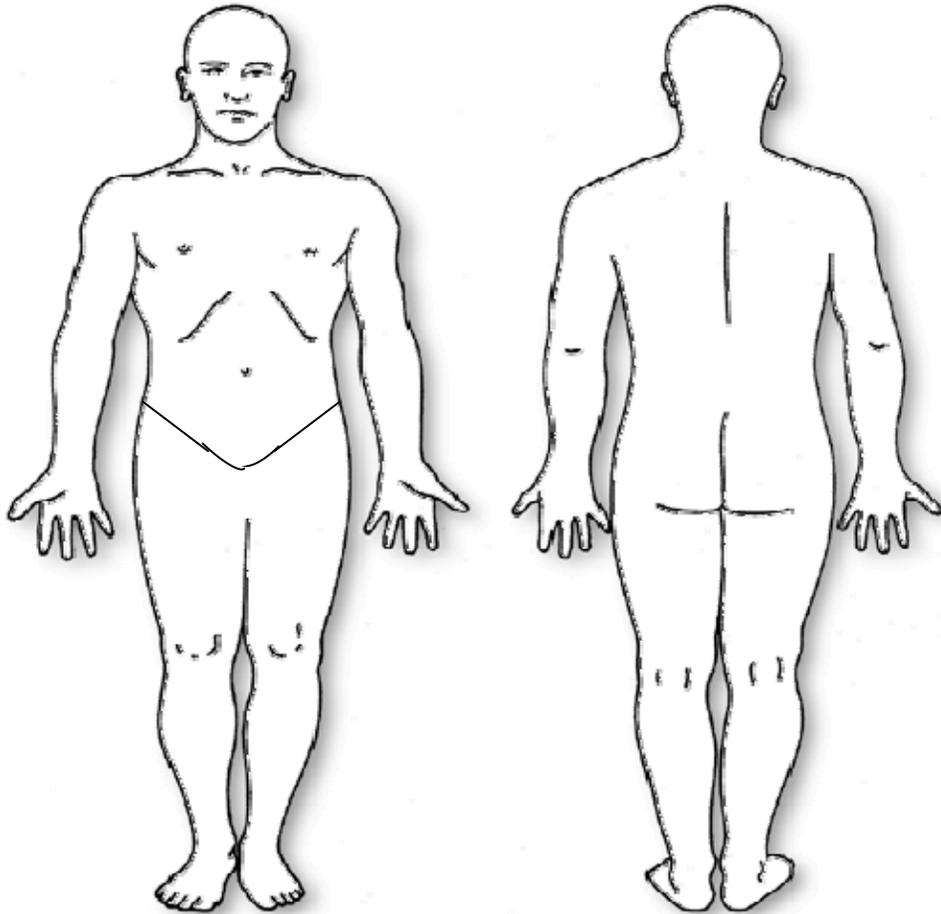
Account # \_\_\_\_\_

Patient Name: \_\_\_\_\_ Male/Female Age: \_\_\_\_

Height: \_\_\_\_ Weight: \_\_\_\_ Right Handed \_\_\_\_\_ Left Handed \_\_\_\_\_

Referring Doctor: \_\_\_\_\_

1. Please indicate your areas of pain on the figures below with *X*'s. Please indicate your areas of numbness, stabbing, burning, & tingling on the figures below with *O*'s.



2. How long have you had the problem(s)? \_\_\_\_\_

3. How have your symptom(s) changed over time? Better \_\_\_\_\_ Same \_\_\_\_\_ Worsened \_\_\_\_\_

4. What happened to produce the symptoms? \_\_\_\_\_

5. If the problem is from an accident, please explain: \_\_\_\_\_
- 
6. Where is your pain primarily located? Neck\_\_\_\_\_ Arms\_\_\_\_\_ Back\_\_\_\_\_ Legs\_\_\_\_\_
7. Choose one of the following descriptions of your pain on an average day:  
 \_\_\_\_\_ Pain in my neck is more severe than pain in my arms or hands  
 \_\_\_\_\_ Pain in my arms/hands is more severe than in my neck  
 \_\_\_\_\_ Pain in my back is more severe than the pain down my legs/feet  
 \_\_\_\_\_ Pain down my legs/feet is more severe than pain in my back  
 a. Sharp                      b. Dull Toothache                      c. Burning  
 d. Stabbing                      e. Constant Ache                      f. Intermittent
8. What activities make your pain worse? Lying\_\_\_\_\_ Standing\_\_\_\_\_ Coughing\_\_\_\_\_  
 Bending\_\_\_\_\_ Lifting\_\_\_\_\_ Sneezing\_\_\_\_\_ Sitting\_\_\_\_\_ Walking\_\_\_\_\_
9. What activities help your pain? Rest\_\_\_\_\_ Exercise\_\_\_\_\_ Sitting\_\_\_\_\_  
 Lying down\_\_\_\_\_ Meds\_\_\_\_\_ Others: \_\_\_\_\_
10. What type of job & on the job activities do you routinely perform? \_\_\_\_\_  
 \_\_\_\_\_
11. How much time have you been off work due to your problem? \_\_\_\_\_
12. Has any other doctor treated you for this condition? Yes\_\_\_\_\_ No\_\_\_\_\_  
 If Yes, who \_\_\_\_\_
13. Have you been placed in a brace for your condition? Yes\_\_\_\_\_ No\_\_\_\_\_
14. Have you had any physical therapy or chiropractic care as part of your treatment? Yes\_\_\_\_  
 No\_\_\_\_\_ (If Yes, Where \_\_\_\_\_)
15. Have you developed any difficulty with you control of urine (bladder) &/or bowel  
 movements? (Do you have accidents on your self?) Yes\_\_\_\_\_ No\_\_\_\_\_
16. Have you received an Epidural Steroid Block for neck, back, arm, or leg pain?  
 Yes\_\_\_ (How many \_\_\_\_\_) By which doctor(s) \_\_\_\_\_ or NO\_\_\_\_\_
17. How do you rate your pain on a scale of 0-10? (0-no pain, 10-worst pain)  
 Neck Pain \_\_\_\_\_/10 daily                      Arm Pain \_\_\_\_\_/10 daily  
 Back Pain \_\_\_\_\_/10 daily                      Leg Pain \_\_\_\_\_/10 daily
18. Have you ever been told you have problems with your liver or kidneys? Yes\_\_\_\_\_ No\_\_\_\_\_
19. Have you ever been told you have (or had) Hepatitis or HIV/Aids? Yes\_\_\_\_\_ No\_\_\_\_\_  
 If Yes, do you know how you contracted the disease? \_\_\_\_\_

20. Have you ever been diagnosed by a doctor with a Medical Condition? Yes \_\_\_\_\_ No \_\_\_\_\_  
If Yes, explain condition(s) \_\_\_\_\_

21. Have you ever had any surgeries? Yes \_\_\_\_\_ No \_\_\_\_\_ If Yes, please list each procedure  
& Doctor \_\_\_\_\_

22. Have you ever had any Spinal surgeries? Yes \_\_\_\_\_ No \_\_\_\_\_ If Yes, please list & explain:

23. Please list all daily medications you are currently taking for medical problems.

24. Do you have any allergies to foods, medications, or seasonal allergies? Yes \_\_\_\_\_ No \_\_\_\_\_  
If Yes, list allergies \_\_\_\_\_

25. Do you Smoke? Yes \_\_\_\_\_ ( \_\_\_\_\_ packs/day) No \_\_\_\_\_

26. Do you drink Alcohol? Yes \_\_\_\_\_ Daily \_\_\_\_ Every Weekend \_\_\_\_ Occasionally \_\_\_\_ No \_\_\_\_\_

27. Do any specific medical conditions run in your family such as High Blood Pressure,  
Diabetes, Heart Attack, Cancer, etc? Yes \_\_\_\_\_ No \_\_\_\_\_ Please List \_\_\_\_\_

28. Please check all symptoms you are experiencing:

**Constitutional:** \_\_\_\_\_ Night-time fevers/chills

\_\_\_\_\_ Severe weight loss/gain

\_\_\_\_\_ Worse night-time pains

**Eyes:** \_\_\_\_\_ Blurry vision

\_\_\_\_\_ Pain

\_\_\_\_\_ Infection

**Ears/Nose/Throat:** \_\_\_\_\_ Hearing Aid

\_\_\_\_\_ Chronic Sinus problems

\_\_\_\_\_ Swallowing difficulty

\_\_\_\_\_ Infection

**Cardiovascular:** \_\_\_\_\_ Shortness of breath

\_\_\_\_\_ Chest pain with activity or at rest

\_\_\_\_\_ Awakened at night with shortness of breath

\_\_\_\_\_ Sleep on 2 or more pillows at night

- Respiratory:** \_\_\_\_\_ Shortness of breath  
\_\_\_\_\_ Wheezing  
\_\_\_\_\_ Coughing with production of sputum
- Gastrointestinal:** \_\_\_\_\_ Abdominal pain/cramps  
\_\_\_\_\_ Nausea/Vomiting/Diarrhea
- Genitourinary:** \_\_\_\_\_ Frequent Urinary Tract Infections  
\_\_\_\_\_ Urinate more frequently  
\_\_\_\_\_ Have trouble releasing urine or accidents on self
- Musculoskeletal:** \_\_\_\_\_ Muscle aches & pains  
\_\_\_\_\_ Severe joint pain/stiffness  
\_\_\_\_\_ Weakness of an arm/leg  
\_\_\_\_\_ History of fractures
- Integument:** \_\_\_\_\_ Skin infections  
\_\_\_\_\_ History of skin cancer  
\_\_\_\_\_ Any prior skin wound infections after surgery
- Neurological:** \_\_\_\_\_ Numbness or weakness of arm/leg  
\_\_\_\_\_ Burning pain running down arm/leg  
\_\_\_\_\_ Any trouble with normal balance  
\_\_\_\_\_ Any hand numbness that awakens you from sleep  
\_\_\_\_\_ Any noticeable clumsiness or dropping of objects
- Psychiatric:** \_\_\_\_\_ History of depression  
\_\_\_\_\_ Inpatient/Outpatient psychiatric treatment
- Endocrine:** \_\_\_\_\_ History of hyperthyroidism  
\_\_\_\_\_ Any hormonal treatment
- Hematologic:** \_\_\_\_\_ Treated for Anemia  
\_\_\_\_\_ History of Leukemia or Hodgkin's Disease  
\_\_\_\_\_ History of free-bleeding with a minor cut